

Matters to consider

It is hard to believe that this is our 6th issue since going digital, starting with the 30th anniversary edition (issue 61). The new format from issue 63 was in response to members requests for clearer sections. John Roper and Suse Coon took over at issue 63, using more images and adding hyperlinks which I feel is really bringing it alive. Please do let us know your thoughts.

AGM live on zoom Saturday 8th October

We've held off announcing an AGM as we had hoped to offer it face-to-face this year. The last AGM was the first ever live on zoom and had 70+ attend which is large by any AGM standards. The aim was to offer a mix of face-to-face and zoom, but it seems most sensible to just run zoom only again. Members will receive a mailshot to formally announce the date and to ask members to submit questions and interest in attending.

We are a Community Interest Company

The 'community interest' part of our CIC status means we are not style specific nor attempting to set one above another but are focused on quality improvement as a whole. Meaning we support our members' needs and those of the public. The CIMSPA project is part of this as it will increase the public's awareness of tai chi and qigong in the areas of wellbeing and rehabilitation. It is not intended to restrict traditional practitioners rather support development in a sector prone to poor understanding. Next will be the addition of tai chi and qigong to the CNHC and further TCUGB-led research.

We are looking to offer TCUGB member-led workshops and CPD events; some areas suggested are intro to TCM, anatomy and physiology, safeguarding and cross-style events. We would be interested to hear members' views. What do you feel would benefit instructor members and students?

Encourage students to join the TCUGB

The TCUGB has long been just for instructors. Students only really benefited from buying the magazine which you may sell in class. But our students are the future of the arts, and their input and experiences can benefit everyone. We believe now is the time to encourage students to join and play their part. They can join as 'student members', ordinary membership is open to those practitioners who are not instructors, as the site states in the 'how to join' section.

TCUGB event 2023

Feedback from a number of members is that they have missed us running TCUGB-led events and workshops so we are looking to 2023 to resume some of these. Bob Lowey has taken on the role of regional officer coordinator and has been in contact with those expressing an interest. Bob can be emailed at qiongtauk@btinternet.com

Website updates

I'm not sure how often you visit the TCUGB website.

We do listen to your feedback and have made some site updates for ease of access, including a newsletters page to catch up past issues, a resources page – with Par-Q forms and more. Please let us know what you'd like adding. Also a past articles section from magazines before we went digital.



Mark Peters

A new qigong section has been added and the tai chi section is about to get a full refresh.

A deeper, more interactive, experience

Members may know that, in recent years, the union has run at a loss. It has been living beyond it's means and magazine-related costs were the biggest part of this. The move to digital has helped the union to stay in business and achieve its goals. But, it's not just about cost cutting (although that is necessary). It is also about bringing the magazine and newsletter up to date to better serve our members in the 21st century.

How many times have you read an article and thought "Ooh this is interesting! I must do a bit more reading on this"? But you never get around to it. Or thought "hmmm...I'm not 100% sure what these photos are showing me" and so, lose interest in the article? We are excited that our move to digital is changing this.

We encourage authors to include hyperlinks in their articles which then become 'live' in the digital version. For example: maybe a link to a video of a technique or a form. Or a link to more information for a deeper understanding. The chance to read about something in the magazine – follow a link to practise it – come back to the article and continue.... We hope this will be of benefit and add value for the reader. We are looking forward to finding out together. 🌐

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