

# Union moving on

Such a lot has been happening since I was handed the baton of chairman by Dan. We have published policies to support our members regarding COVID and their classes, we have setup social media channels, both members only, and opened Facebook groups, reviewed and tidied up instructor listings to better represent what our instructor members are offering specific to tai chi, qigong and internal martial arts. This is an ongoing project with plans to introduce a clearer section specific to qigong.

## Publishing online

A big step has been moving the magazine digital which is much greener and has received a very positive response. How many times have you read an article and thought "Ooh this is interesting! I must do a bit more reading on this"? But you never get around to it. Or thought "hmmm...I'm not 100% sure what these photos are showing me". And so lose interest in the article? We are excited that our move to digital could change this. Members can access online and expand the value of the content via hyperlinks. As this develops, the magazine will feel more like a live product. Printed copies are still available for those who prefer that option via our 'print on demand' partner at our online shop:

[www.fluidic.co.uk/c/6143/tai-chi-qigong-union-for-great-britain](http://www.fluidic.co.uk/c/6143/tai-chi-qigong-union-for-great-britain)

They will be printed in the UK on 100% recycled carbon neutral uncoated paper.

Please let us know your thoughts on the new look magazine and what you would like included if we have not already done so. You can email me at

[enquires@taichiunion.com](mailto:enquires@taichiunion.com)

## So what next?

The boring bit behind the scenes is keeping us busy with improved policies for standards and ethics, disciplinary, trademarking, risk assessments etc. To aid this, we have reformed the health committee

[www.taichiunion.com/tcugb-health-sub-cttee/](http://www.taichiunion.com/tcugb-health-sub-cttee/) which will have a section in the new magazine to share useful information, research and more.

The CIMSPA project is still developing with the aim of standards being issued this year. The partnership between



**Mark Peters**

the union, CIMSPA and the BCCMA is designed to ensure the improved quality control in training and delivery of tai chi and qigong for well-being, fitness and rehabilitation. The project was never intended to cover the whole martial art and will prove beneficial for TCUGB members interested in working or continuing to work in the health area.

## We're more than just a group of instructors

Our students are the future so maybe now it's time to encourage more to join as associate members and to contribute to the magazines and more. As we develop the website, social media, links to the press and organisations, our members can really help by becoming more involved. Do you or your students have skills and a passion to help us all develop? Email me at [enquires@taichiunion.com](mailto:enquires@taichiunion.com)

## Never stagnate

Confucius is quoted as saying, "It does not matter how slowly you go as long as you do not stop". Slow is a subjective term; in the last issue I listed short, medium and long-term aims. We are on track for most of these. The next steps are to develop regional officers to contact current and potential members, develop and offer training for our members (CPD's) e.g. first aid, coaching, TCM, A&P etc. We are also looking at a national event project to engage and support our members. To encourage our members to engage with their community. To generate and raise the awareness of TC&QU nationally. Exciting times ahead. 🌱

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